

Impact Report Endeavour Project

Endeavour Project were absolutely delighted to be beneficiaries of the MJ Ball in 2023 where we received £5000 that was used to support young victims of Domestic abuse and again in 2024 when we were awarded £5500 which was used to provide young people's counselling, Easter Eggs and Worry Monsters that are used as therapy tools for children affected by Domestic abuse.

We continue to be incredibly grateful for the support we receive from Michael and the MJ Ball it makes a significant difference to the families we support.

This money was used to provide 48 hours of counselling to four young people 16-18 enabling them to have 12 sessions each

Young people like *Amy*

Amy had lived in a domestic abuse household and had witnessed violence towards her mum. She left home at 16 after having enough and entered into a relationship with *Max* Max was older than Amy and had a drugs habit and would use Amy to clear his drug debts by "giving" her to his friends. After an evening of heavy alcohol Max assaulted Amy and the police were called. Amy found it incredibly hard to speak about what had happened to her but used the counselling sessions to write down her experience.

Amy was given a worry monster which had been purchased out of the funding from MJ Ball and she was able to put onto paper what had happened to her, feed them to the worry monster and the counsellor was able to read the worries and open up the lines of communication.

Thanks to the funding from the MJ Ball we were able to provide several young person's counselling sessions to help young people under the age of 18 like Amy. We were also able to purchase 100 worry monsters so that children and young people affected by domestic abuse can share their worries and experiences with their new safe friends.

Worry monster help open the lines of communication and enable young people to share their concerns and help deal with their anxiety.

Children like Melody. Melody is 8 and her parents separated after years of her dad controlling her mum. Melody became withdrawn and anxious and felt that what happened must have been her fault. She named her monster Mr Wonky and would write her worries down and feed them to Mr Wonky and leave him at the bottom of her bed. Melody's mum would then be able to read what was upsetting Melody and discuss it with her in a non-confrontational way helping her to deal with her concerns.

Melody believed Mr Wonky had eaten her worries.

It is only with the support of Dr Michael Josephson we can support children like Melody and Amy but there is so much more work to do.

