



# Thank you

We couldn't do it without you!



**CLAPA**   
Cleft Lip & Palate Association



Thanks to the MJ Charity Ball donating  
£32,308 in 2024 for one year....



....CLAPA has been able to  
support young people born  
with a cleft across the UK.



# Cleft++ Mentoring

# Your funding has meant...

9



young people have received mentoring in 2024, allowing them to have a space to discuss their cleft journey.

336



messages have been exchanged so far between mentor and mentee. Consistent communication can reduce isolation for young people.

**CLEFT**   
Mentoring   
for ages 10-17

“

I really can't express my gratitude enough for the advice and support I got. Before the end I would very much like to send my thanks to Claudia for being there for me and helping me whenever. I believe the programme is amazing and a perfect way for young people who need to share worries and concerns when needed.

**Cleft++ Mentee feedback**

”



# Children and Young People's Council (CYPC)

# Your funding has meant...

Our CYPC held

2

Meet ups in London

1

Camp CLAPA residential weekend

**Monthly**

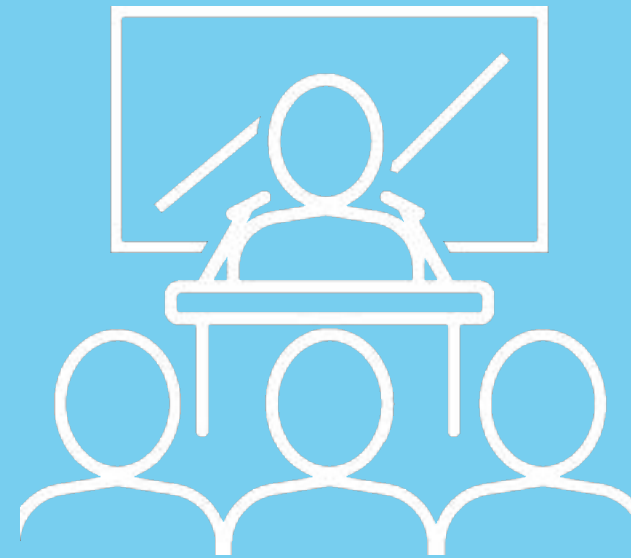
Online meetings to socialise and discuss shaping CLAPA's  
services



# Just a few of our CYPC achievements...



**Helped to produce and edit CLAPA's annual Cleft Youth magazine**



**Presented at various information sessions for professionals to increase knowledge and understanding of cleft-related challenges for young people.**



**Hosted three information and support events for other young people on cleft related topics**



# Your funding has meant...

Our CYPC feel connected and part of a team in their new CLAPA hoodies.



“

I have really enjoyed being able to meet other young people with a cleft and discuss some of the more "niche" aspects of life. It was great that everyone made me feel so welcome.

**Member of the CYPC**

”



# Camp CLAPA Activity Weekends



# Your funding has meant...

We could host Camp CLAPA weekends, for young people to:



Spend time with friends

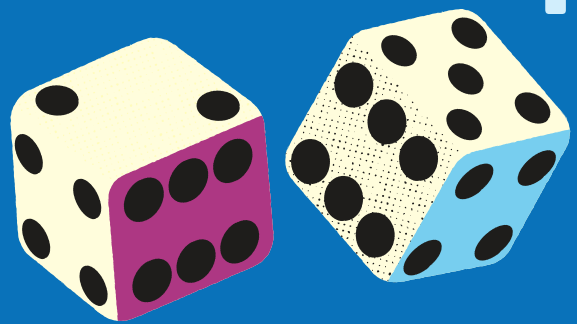


Build new skills



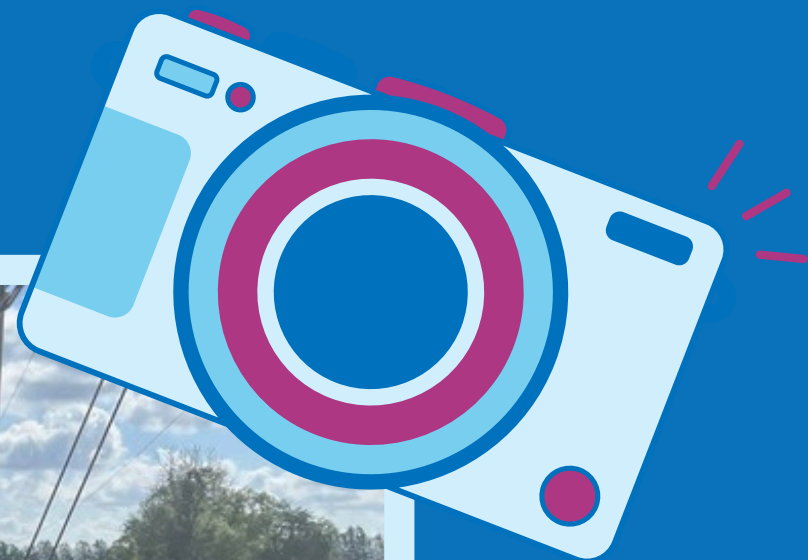


Play games



Make a splash!





Make new memories



Gain confidence

# After attending Camp CLAPA weekends

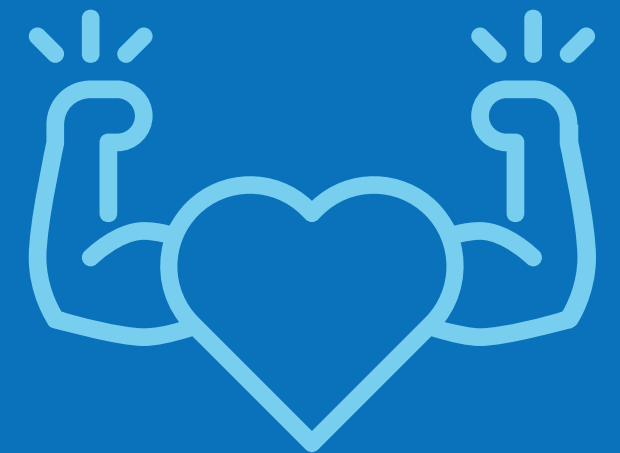
57%

of young people said they feel less alone.



57%

feel more confident about their future.



71%

feel they can cope better with challenges to do with their cleft.



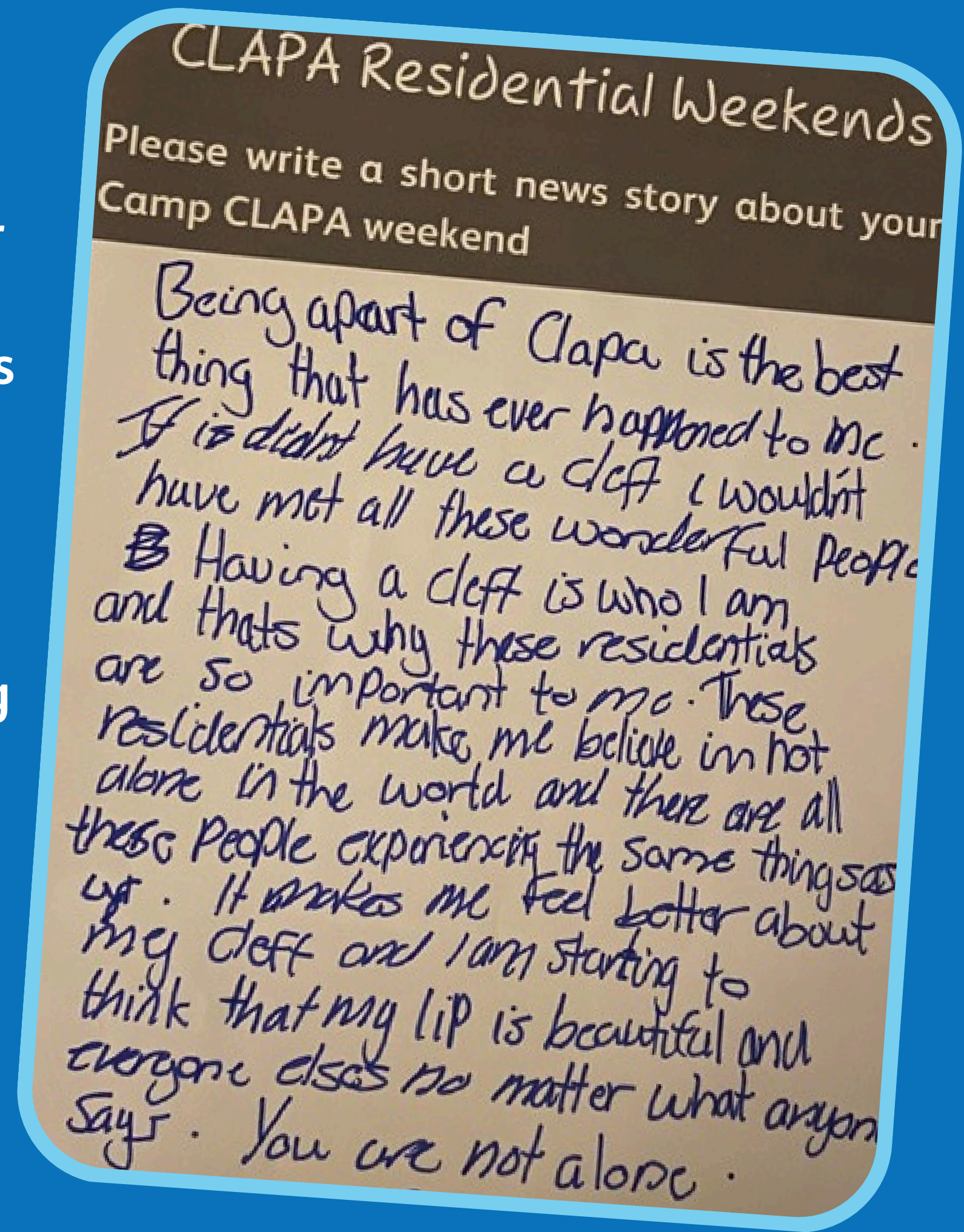
“

Being a part of CLAPA is the best thing that has ever happened to me. If I didn't have a cleft, I wouldn't have met all these wonderful people. Having a cleft is who I am and that's why these residentials are so important to me.

These residentials make me believe I'm not alone in the world and there are all these people experiencing the same things as me.

It makes me feel better about my cleft and I am starting to think that my lip is beautiful and everyone else's, no matter what anyone says.  
You are not alone.

”







**You also funded**

**Emergency travel for a young person to attend a Camp CLAPA weekend.**

“

**Thank you for providing such a great opportunity for S. We are in debt of your kindness.**

”





# Thank you

for making our work  
possible in 2024.



Memories from  
Camp CLAPA